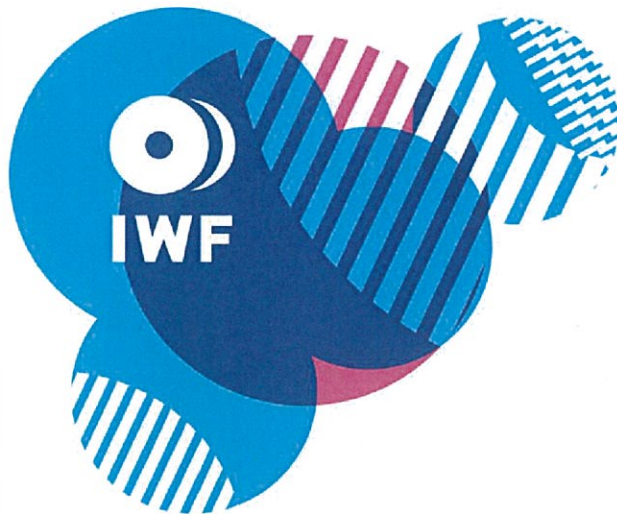


## RATIFICATION OF THE IWF TCRR



**IWF  
CONGRESS**  
19 October 2016  
Penang, MAS

### 8TH BODYWEIGHT CATEGORY FOR WOMEN



- 1983 start of the journey – GENDER EQUALITY!
- 2016 IWF decision: to add ONE category (at the higher end)
  - Not to reconsider all categories
  - Only to create 2 new categories instead of +75kg
- IWF evaluated +75kg athletes' bodyweight since 1998
- IWF considered sport specific factors
- EB decision: 90kg, +90kg for junior, senior
- 75kg, +75kg for youth

## **ABOLISHMENT OF BODYWEIGHT ADVANTAGE**



- Main principle is the same: who lift more, wins!
- Same weight: result of passive strategy (following the heavier athlete)
- Encourage active strategy (to win, 1kg more needed) – less
- To win on the platform, not in the Sauna
- Avoid World Record holder to become silver medallist
- Easier to understand for non-expert spectators